

THE FOLLOWING EXCERPT FROM THE "STOP LOSING WOMEN" E-BOOK IS FROM "CHAPTER 2: STOP CONTACTING HER BETWEEN DATES," PAGES 33-35

5 REASONS NOT TO CONTACT HER BETWEEN DATES

With that said, I'm going to give you guys five reasons why it's imperative that you do not contact her between dates.

REASON #1: You look too clingy, desperate, and like you don't have a life going on.

If you had a life going on, you wouldn't need to spend every single moment of the day trying to talk to her. Women do not like clingy men, as it can be a red flag for potential clinginess in the future. Women have experienced trying to date too many men who end up turning into stalkers or becoming overly possessive, and if you display such behavior after the first date, it can raise concerns in her mind.

She may think, "Oh my God, this guy's going to be hard to get rid of if we break up, because he's already clinging to me too much by trying to talk to me every single day. What is this guy doing? Doesn't he have a life going on outside of me?" These actions will make her feel like you're adding too much pressure for her to be your end-all, be-all, and it won't keep her around for long.

REASON #2: It doesn't give her the chance to miss you.

The best way for a girl to build up interest in you is to not have you around constantly. Why? Because a girl's fantasy life is your best ally in her budding attraction for you. So, if you take her on a date

and show her the time of her life, she's going to want to relive that feeling again.

But here's the thing: she needs time to reminisce about the date, the fun time she had with you, and the feelings she had about you. She needs to replay those memories in her head over and over again, to the point where she wants that feeling again.

To illustrate this, think of your time talking to a girl like pieces of candy. Remember when you were a kid and desperately wanted a Jolly Rancher, Dum Dum Sucker, or a piece of chocolate? Your parents would say, "Okay, you can only have one piece after dinner," or they'd give you a piece of candy and then not let you eat any more for three or four days. When you finally got that candy, you were really excited about it.

Now, compare that to Halloween, where you can get as much candy as you can possibly bag up by going to all these different houses and grabbing gobs of all types of candies. When you get home, you have a grocery store bag worth of candy.

But are you able to eat all that candy at once?

More likely than not, the answer is no. Why? Because when you have candy in abundance, after like five or six pieces, you start to realize that this candy thing is not all it's cracked up to be. You may end up getting a stomach ache and, although it's sweet, your sweet tooth is satisfied, and you don't want as much of it. Inevitably, the majority of your Halloween candy ends up getting thrown away.

Now, how does this compare to women? Your conversations and messages with her are like “candy,” which we’ll call “attention.” When she sees you, that’s the time to be giving her all the “candy,” she wants. And when you’re gone, you want her to crave that “candy” again.

So you don't give all of it out to her when you're not in front of her on a date because when you do, it's just like giving her a big bag of Halloween candy and telling her to eat it all right now. You're bombarding her with a bunch of attention, and it goes from something she's looking forward to, to something where she's like, "Do I have to talk to this guy again? I literally JUST saw him last night. Can't he just wait until we see each other in like four days? Like, good Lord. What's going on?"



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