

*THE FOLLOWING EXCERPT FROM THE "STOP LOSING WOMEN" E-BOOK IS FROM "CHAPTER 1: STOP TRYING TO TOUCH HER FIRST," PAGES 21-23*

**HOW TO GET WOMEN TO BREAK THE TOUCH BARRIER**

On the first date, I'm basically the opposite of every guy she has encountered during her dating experience.

Here's how I approach a date: We usually go to a restaurant or a coffee shop, or sometimes we choose a place where we can take a walk together. When we meet up for the date, I greet her warmly, saying, "Hey, what's up? Nice to meet you." I may give her a hug at the beginning, but that's the last touch I initiate until the end of the date when I hug her again and say, "It was nice meeting you."

Now, what am I doing in between that time? Well, as we sit down, we engage in conversation, and my primary focus is on making her laugh and actively listening to her. I strive to make her feel like she is the only person in the room.

By genuinely getting to know her and not solely fixating on how many ways I can touch her, a few things happen. First, she starts to think, "Oh my God, this guy is actually not trying to touch me right away. He's genuinely listening to me and trying to get to know who I am." This sets me apart from the other guys she might have dated, and it brings her a sense of relief.

It's a positive impression I want to create because I want her to believe that I am interested in getting to know her for who she is, regardless of any physical aspect. Ironically, by demonstrating that

interest in getting to know her on a deeper level, I often end up making more progress physically with her than I would have anticipated if I had solely focused on touching her instead.

So after the first thing goes off in her head, which is, "Oh my God, this guy is such a relief," as the date goes on and I haven't touched her yet, her ego starts to play with her thoughts. She begins to have a different kind of thought process, which goes something like this:

*"Wow, he's really not touching me. Wait, he's not touching me at all? No, no, this can't be right. Every guy I go out with wants to touch me because I'm attractive, right? I mean, I must be attractive, but does he find me attractive? I'm not sure because he's not touching me. He's not trying to make any advances or talk about sex. He's not even attempting to brush against me lightly. Am I really that attractive to him? What's going on?"*

You see, when you refrain from touching her, her own brain starts playing tricks on her. She begins to wonder why you, the guy she's on a date with, isn't trying to touch her. She ends up playing her own mind games, trying to figure out your intentions and whether you find her attractive or not.

Then, a third thing goes off in the subconscious part of her brain:

*"I don't know if he's attracted to me. I have to see if he's attracted to me. Maybe I'll touch him and see what his reaction is."*

I've been on plenty of dates where I'll be sitting across from a woman, engaging in conversation, but I'm not reaching out for her

physically. Instead, I leave myself available to be touched. For instance, I may be telling a story, and my arms will be resting on the table. That way, if she decides to test out the touch, it's available for her to do so.

Inevitably, while I'm talking to her, she might suddenly say, "Oh my God, I have to tell you this one part of the story real quick," and she'll reach out and grab my hand or touch my arm. At that moment, she's broken the touch barrier, and it becomes an opportunity for me to gauge her interest.



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